

DEcarb™ FACTSHEET

What is DEcarb™?

DEcarb™ is the first natural high dose carb-blocker scientifically developed to help people control the amount of calories absorbed from dietary starchy carbohydrates.

DEcarb™'s active ingredient is PhaseLite™, a highly concentrated glycoprotein complex harvested from white kidney beans. DEcarb™ prevents the digestive enzyme that breaks down starchy carbohydrates (e.g. bread, pasta, and potatoes) from working so they can't be absorbed by the body. This significantly reduces the carbohydrates absorbed from these foods by up to 66 per cent, which then pass through the body naturally instead of being metabolised.

Placebo controlled and statistically significant clinical trials show that when taken before a carbohydrate heavy meal, DEcarb™ can stimulate weight loss of up to 2lbs a week ².

Who will benefit from taking DEcarb™?

- Any adult with a BMI over 18.5 who has identified that their love of carbohydrates could be the reason why they cannot lose weight
- Those wanting to make changes in dietary intake to help maintain long-term health

How should DEcarb™ be taken?

Take 1-2 tablets of DEcarb™ immediately before each main meal. Increase to 3 tablets if a high starchy carbohydrate meal is taken.

In order to meet the daily requirement for carbohydrates/calories, do not exceed 3 tablets per meal and 6 tablets per day.

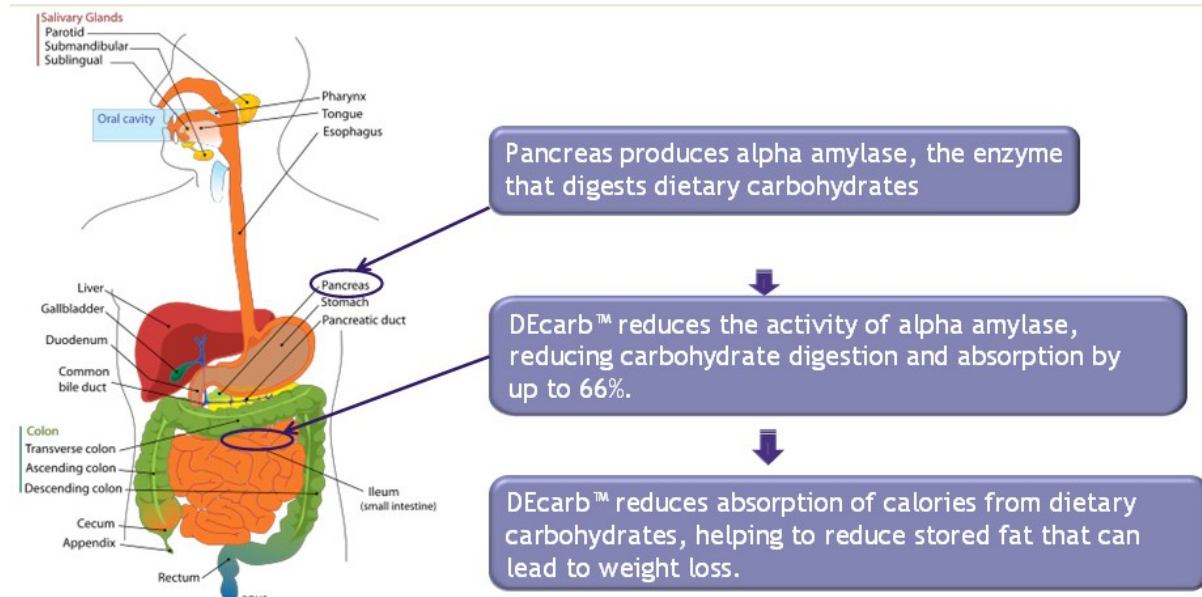
How does DEcarb™ work?

1. Reduces calories absorbed from carbohydrates: DEcarb™ reduces production of alpha-amylase which is responsible for digesting starchy carbohydrates in the body. As a result, carbohydrate absorption is cut by around two thirds (66 per cent). This translates to a reduction of 25 per cent of total calories consumed from a standard meal.

2. Reduces food cravings: reduced absorption of dietary carbohydrates helps to lower plasma glucose levels, which consequently reduces insulin exertion. For this reason, DEcarb™ also helps reduce 'blood sugar spikes' and, in turn, food cravings.

3. *Supports weight loss and weight management:* The glycoprotein complex is an effective aid in weight loss and weight maintenance for healthy adults. Placebo controlled and statistically significant clinical trials show that DEcarb™ can stimulate weight loss of up to 1kg every 10 days².

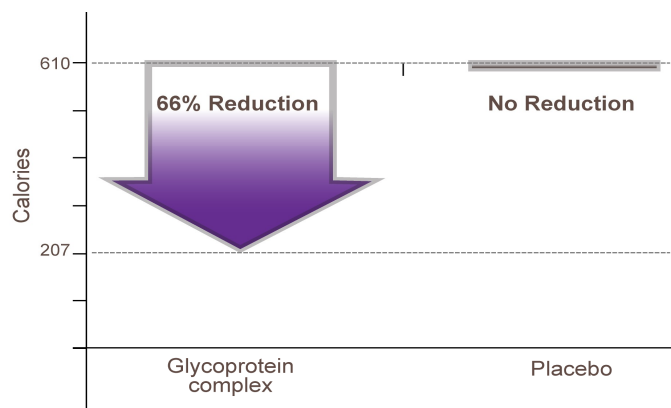
Mode of action



What evidence is there that DEcarb™ works?

DEcarb™ is supported by a clinical research programme, which proves its efficacy in reducing carbohydrate calorie absorption.

Placebo controlled and statistically significant clinical trials show that when taken before a carbohydrate heavy meal, DEcarb™ can stimulate weight loss of up to 2lbs a week².



¹ 1.5g of DEcarb blocks up to two thirds (66%) of the carbohydrate in a standard meal containing 610 calories. Published in The Open Nutraceuticals Journal, 2009 - Vinson JA & Shuta DM, 2001

² Subjects taking the glycoprotein complex lost an average of 2.93kg of weight and 2.4kg of body fat vs the placebo (0.35kg of body weight and 0.16kg of body fat).

Media Enquiries

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